

# Article By Dr. Emily Austin - "Epicurus And The Politics Of The Fear Of Death"

Post by "Cassius" of December 13, 2025 at 7:35 PM

Also @Eikadistes you have raised one of the subtleties of the article that is not apparent til you read it thoroughly.

The issue is not simply limited to "we are afraid of dying a painful death because we don't want pain."

As Austin points out, if that were the only issue, there would no reason for us ever to be concerned about a painless death, even if we are 20 years old or even if we are good health and something happens to cause our death tomorrow.

We're not "afraid" of death, we act to postpone and avert death not just in those cases where the process of dying is painful. We want to live because Nature has programmed us to "live for pleasure" (the subtitle of her book).

This should not have to be debated or discussed, but it does, and I think it's fair to say that appears to be the ultimate motivation of her article.