

# Article By Dr. Emily Austin - "Epicurus And The Politics Of The Fear Of Death"

Post by "Cassius" of December 13, 2025 at 5:29 PM

## [Quote from Eikadistes](#)

Superficially, I'm not sure I like the idea of identifying "fear" as the motivating factor behind preventing preventable death, versus, perhaps, rational avoidance.

Great post, Eikadistes, and I want to emphasize how much I share this view. I am not "afraid" of pain because I know it can be overcome or escaped. But even though I am not "afraid" I am sure as heck motivated to act against it and make sure that I don't have to suffer any more than is necessary. This is simply rational, and it's not the attitude of an ostrich or a cat constantly running from pain as if in a panic. Once we learn the facts of nature we don't have to be "afraid," but we sure as heck ought to be motivated to take our wisdom and act, not just "think" about our problems will eventually go away on their own or at death.