

# Discussion of Article: "On Pleasure, Pain and Happiness"

**Post by "Martin" of July 13, 2019 at 8:01 AM**

Elayne, after reading the draft once, the content appears already fully agreeable to me except that I think that it might be possible to meaningfully quantify feelings and hedonic calculus. (I may or may not get more into this after looking at Godek's/Cassius' spread sheet.)

The major new thing for me is a clearer understanding where the limit of pleasure actually comes from. I always had problems with the cup analogy and may still have some but no more with respect to the limit. The optimum of stimulation based on the physiology of feeling pleasure explains the existence of the limit well. I was not consciously aware of that before.

I found only one mistake in language:

"The conditions for pleasure are not absence environmental input and action."

should be:

"The conditions for pleasure are not absence of environmental input and action."