

'Their God Is The Belly' / "The Root of All Good Is The Pleasure Of The Stomach" And Similar Attributions

Post by "Bryan" of November 25, 2025 at 12:45 PM

[Quote from Cassius](#)

has analogs in the core texts

I think Epicurus' famous "barley-cake and water give out the highest pleasure" in his letter to Menoecus (131a) comes rather close.

If we had to choose between food and our libraries, we must pick the food in every case -- or die like those Buddhist monks that starve themselves to death while reading scriptures.