

# Episode 308 - TD36 - Tracing Epicurus' Key Ideas From the Principal Doctrines To The Tetrapharmakon To Cicero's Epicurean Speakers

Post by “Don” of November 21, 2025 at 10:38 PM

FWIW, Emily Austin's translation:

Drawing upon, among other things, a passage from the *Letter to Menoeceus* and a smattering of *Principal Doctrines*, they produced “The Fourfold Remedy” (the “tetrapharmakon”).<sup>1</sup> From Philodemus:

God presents no fears, death no worries; the good is easy to get, the bad easy to endure.