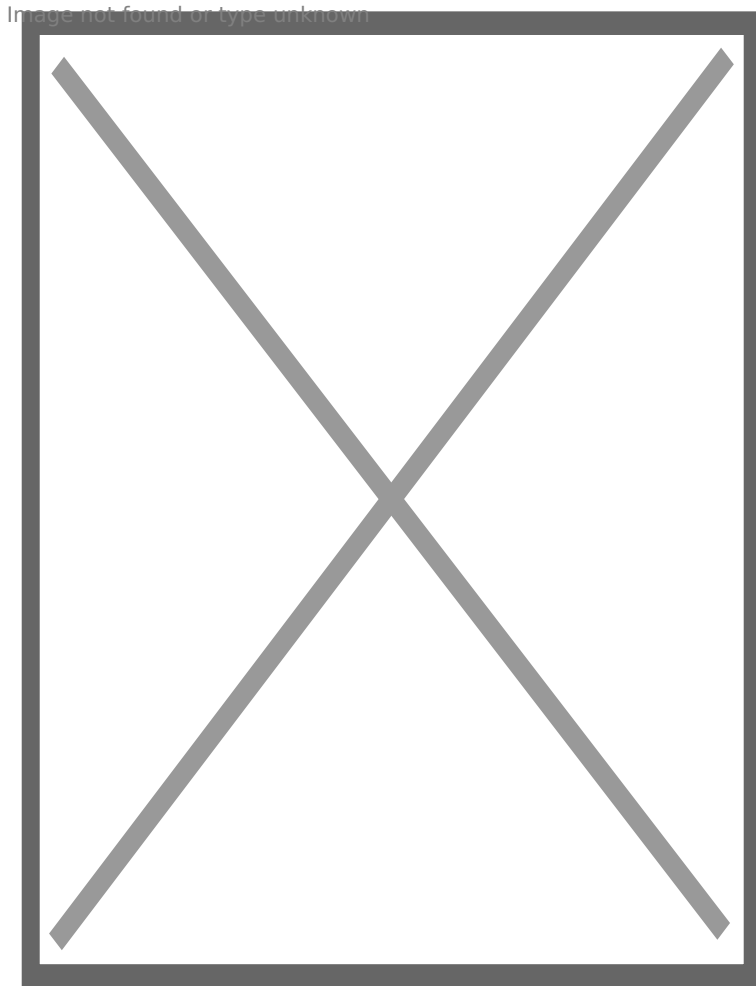


# Sunday November 9, 2025 - Zoom Discussion 12:30 PM EST - Epicurus on Good And Evil

Post by "Matteng" of November 13, 2025 at 12:56 AM

I want to add for limit of pain ( maybe more for slight pain or mental pain ) the hedonic treadmill for pain, with also Epicurean advice in it :



## [Hedonic Treadmill](#)

The hedonic treadmill is the idea that an individual's level of happiness, after rising or falling in response to positive or negative life events, ultimately...

[www.psychologytoday.com](http://www.psychologytoday.com)

So I think now we can consult the worst health systems in the world: Suffering ? Wait, take drugs or go dying [ ] [ ] [ ] [ ] [ ]

<https://www.epicureanfriends.com/thread/4795-sunday-november-9-2025-zoom-discussion-12-30-pm-est-epicurus-on-good-and-evil/?postID=37819#post37819>