

# Gassendi On Happiness

**Post by “Cassius” of November 9, 2025 at 2:44 PM**

The opening section right at the beginning about how to judge the man who is roasted in the bull of Phalaris as still happy is an excellent extrapolation of Epicurus and right on point with our discussion in the Zoom today!

Possibly the best explanation of Happiness as I personally think Epicurus would define it that I have seen.