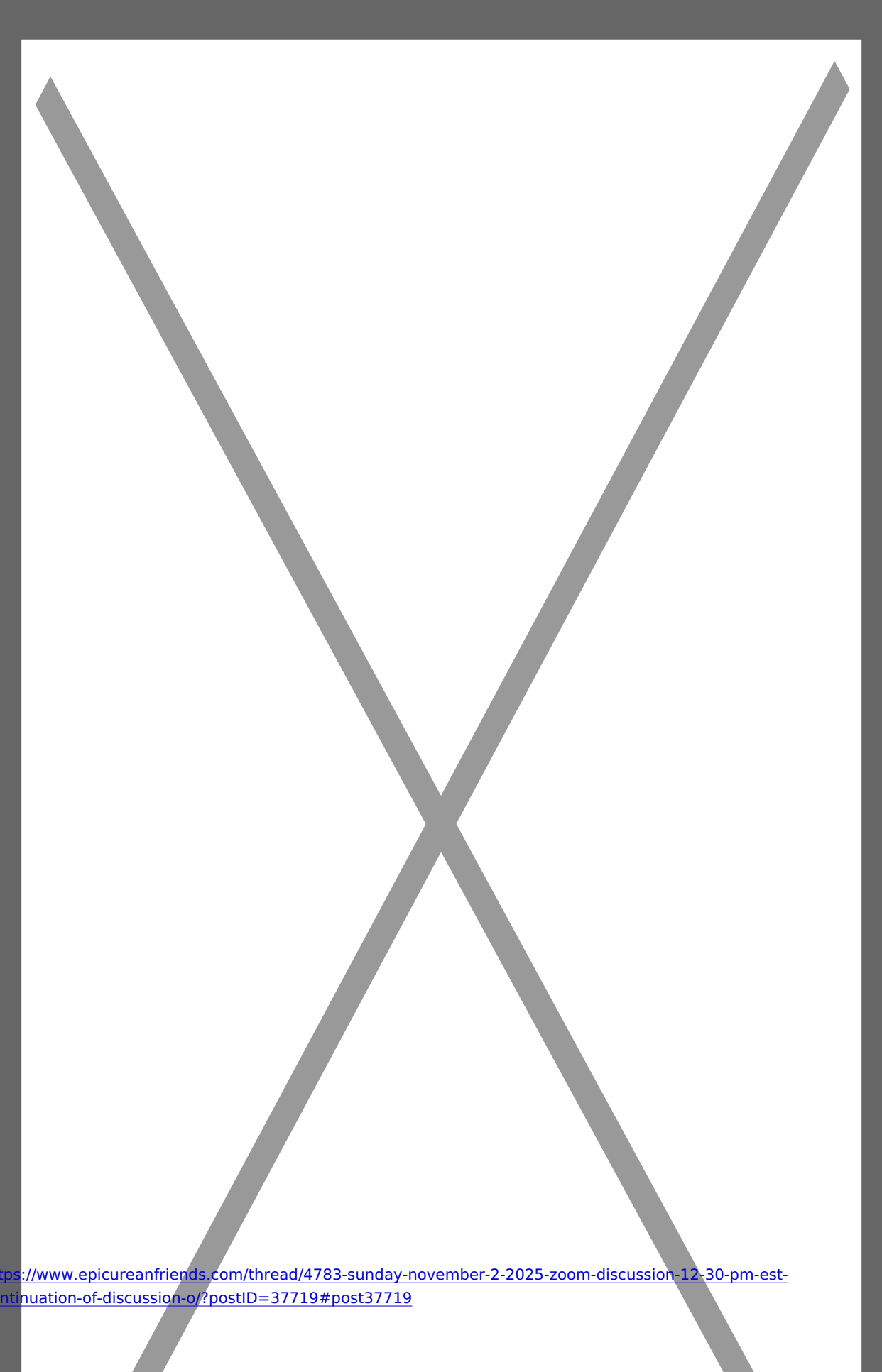


Sunday November 2, 2025 - Zoom Discussion 12:30 PM EST - Continuation of Discussion of Nature of Pleasure

Post by “Don” of November 9, 2025 at 5:34 AM

[Raphael Raul](#) 's post above immediately brought to mind the mental state of *flow* described in positive psychology:

Image not found or type unknown



<https://www.epicureanfriends.com/thread/4783-sunday-november-2-2025-zoom-discussion-12-30-pm-est-continuation-of-discussion-o/?postID=37719#post37719>

[Flow \(psychology\) - Wikipedia](https://en.wikipedia.org/wiki/Flow_(psychology))
en.wikipedia.org