

Stoic view of passions / patheia vs the Epicurean view

Post by “Pacatus” of November 5, 2025 at 1:20 PM

[Quote from Matteng](#)

We only want to root out passions / harmful Emotions

In their somewhat technical language, the Stoics differentiate between πάθη (the “bad” passions/emotions, e.g. anger, resentment) and εὐπάθη (the “good” passions/emotions, e.g., joy).