

# Sunday November 2, 2025 - Zoom Discussion 12:30 PM EST - Continuation of Discussion of Nature of Pleasure

Post by "Patrikios" of November 2, 2025 at 12:31 PM

## [Quote from Don](#)

You would advocate for using terms more in line with "Life Itself is the Greatest Good" and avoiding using "pleasure" until, maybe, much further down the road when it is encountered in the ancient texts.

## [Quote from Kalosyni](#)

All living beings by nature move toward pleasure and away from pain. The word pleasure, understood as a broad category rather than as any one specific object of feeling, is the telos that arises out of nature.

[Don](#) , [Kalosyni](#) ,

If Divine Nature gave us "pleasure" as the guide (the Good) for human beings to operate normally (within our "design" specifications) in order to live optimally (as "designed"/"built"), then pain (in body, mind or spirit) is Divine Nature's way of reminding us that our being (body, mind, soul) is not operating normally (as "built" to operate). So, the "Divine Physician of the Soul" (Epicurus) wrote out a framework for optimal living to achieve the "Greatest Good" of a life of wellbeing, each day we are alive.

So, yes, I do think that Epicurus was trying to teach a level of understanding of how the human body operates according to basic principles found in nature for all living beings, with our feelings (pain/pleasure) as the guide.