

# **Sunday November 2, 2025 - Zoom Discussion 12:30 PM EST - Continuation of Discussion of Nature of Pleasure**

**Post by “Kalosyni” of October 28, 2025 at 2:26 PM**

All living beings by nature move toward pleasure and away from pain. The word pleasure, understood as a broad category rather than as any one specific object of feeling, is the telos that arises out of nature.

We call the greatest pleasure that which is without pain - when pleasure can't be increased to any higher level.

Virtues and practical wisdom are tools that help us to move toward pleasure and to live a pleasant life.

Because we humans are social animals and can reason through choices to find that which brings the best outcome, we must have social contracts to neither harm nor be harmed - all humans equally recoil from pain.

And [PD17](#): "The just man is most free from trouble; the unjust most full of trouble." And so it is for the sake of pleasure that we act justly.