

# Welcome MarkJW

**Post by “MarkJW” of October 26, 2025 at 8:37 AM**

Hello! I live in Britain, and I was drawn to Epicureanism by deep consideration about what it means to live a good life, which contributes deeply to the happiness of others and myself, and in a way that accepts the world for what it is - not an imagined ideal about it could or should be.

As well as these ethical considerations, I have a passion for both history and life sciences, and Epicurean philosophy leaves me awe-inspired in a way that no other philosophy has. This is thanks to the beautiful poetic treatises from Lucretius about the natural world and our place in it, and thanks to the general wonder I find from learning about Epicurus's ideas and seeing how applicable and wise they are thousands of years after they were written.

I'm grateful for Emily Austin's fantastic book, *Living for Pleasure*, which introduced me to Epicureanism in more depth, and I'm looking forward to reading and discussing this philosophy with new friends from around the world on the forum!