

Episode 305 - TD33 - Shall We Stoically Be A Spectator To Life And Content Ourselves With "Virtue?"

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Welcome to Episode 305 of Lucretius Today. This is a podcast dedicated to the poet Lucretius, who wrote "On The Nature of Things," the most complete presentation of Epicurean philosophy left to us from the ancient world. Each week we walk you through the Epicurean texts, and we discuss how Epicurean philosophy can apply to you today. If you find the Epicurean worldview attractive, we invite you to join us in the study of Epicurus at EpicureanFriends.com, where we discuss this and all of our podcast episodes.

This week we continue covering Cicero's "Tusculan Disputations" from an Epicurean perspective. Today we begin our discussion of [Part 5](#) and examine whether virtue alone is sufficient for happiness.

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