

Should Epicureans Celebrate Something Else Instead of Celebrating Halloween?

Post by “Kalosyni” of October 18, 2025 at 11:09 AM

Another excerpt from that article:

Quote

“The real benefit of Halloween is for adults, not children,” Cindy Dell Clark, a professor emeritus of anthropology and author of "All Together Now: American Holiday Symbolism Among Children and Adults," tells TODAY.com. “It’s one day where (adults) can have the catharsis of just mocking death in its face, lampooning it, pinning it up on their house. But ... for children it’s serious. At age 6 or 7, when adults take them to a haunted house, they are truly frightened.”

I think that there are more questions coming up regarding the idea of the "catharsis" of Halloween for adults. And does it end up mocking death in such a manner so that a person doesn't really have to think deeply about mortality?

Of course, Epicurean philosophy addresses the concept of death in such a very different manner. There isn't anything there for us to mock!