

Should Epicureans Celebrate Something Else Instead of Celebrating Halloween?

Post by "Kalosyni" of October 18, 2025 at 9:27 AM

Thinking that this could be a thread for discussion of Halloween, and how modern Epicureans can make sense of it. I am noticing that the popularity of Halloween seems to increase more and more, (in area of the US that I live in). There are Halloween type public events occurring even now (the first I saw just happened on this past Thursday night), which is crazy because Halloween is not till October 31st. And there are numerous events happening on the two weekends coming up (the weekend before Halloween and then on Halloween which is on a Friday).

Many downtown shopping city areas put on events...and it looks like over 20 churches or more (throughout the area of where my sister lives and some also in my area) are holding events called "Trunk-or-Treat" for children to dress up and get candy (people decorate the trunk of their cars and hand out candy to children as they walk around the parking lot).

I can't help but think that perhaps the Christian religion is "needing" to promote Halloween since anything that represents "supernatural" (and promoting the idea that the spirit of humans exists separately from the body...and therefore there are ghosts and "life after death") ...is just the other side of the same coin (where would Christians be without the devil?).

I think that modern Epicureans should consider how to apply PD 01 to our current situation with Halloween.

[PD01](#): "The blessed and immortal nature knows no trouble itself, nor causes trouble to any other, so that it is never constrained by anger or favor. For all such things exist only in the weak."

Of course there are many aspects to Halloween, and children have a different and much more simple understanding of it, compared to teenagers and adults.

For adults who succumb to or have "supernatural belief tendencies", Halloween ends up reproducing a somewhat similar supernatural mythos as compared to ancient Greek mythology, but with a twist -- there are powerful forces, and some people (like in the "Harry Potter mythology") know how to harness the powers or subdue the evil powers - in the end you have powers that do your bidding if you know how to interact with them. But this modern mythology ends up reinforcing both ideas of the existence of a "supernatural realm" and also "supernatural good and evil".