

# Episode 295 - Plutarch's Absurd Interpretation of Epicurean Absence of Pain

Post by "Rolf" of September 23, 2025 at 5:13 AM

Hey folks! I've been pondering this again and it seems as if "absence of pain" as a concept denoting the limit of pleasure is primarily intended as proof that a life of *consistent pleasure* is possible and attainable. If pleasure had no limit, then we'd constantly be trying to fill our bottomless cup. But with the limit of the quantity of pleasure at the removal of pain, we can set up our lives so that we fairly consistently have a fullness of pleasure. Of course, this doesn't mean in itself that our lives will be the most intensely pleasurable - not all pleasures are equal in this sense - but we *can* experience ongoing pleasure.

As I'm writing this it doesn't seem as clear to me as it did in my head... This seemingly simple topic makes me head spin!