

Bodily Sensations, Sentience and AI

Post by “Patrikios” of September 11, 2025 at 5:05 PM

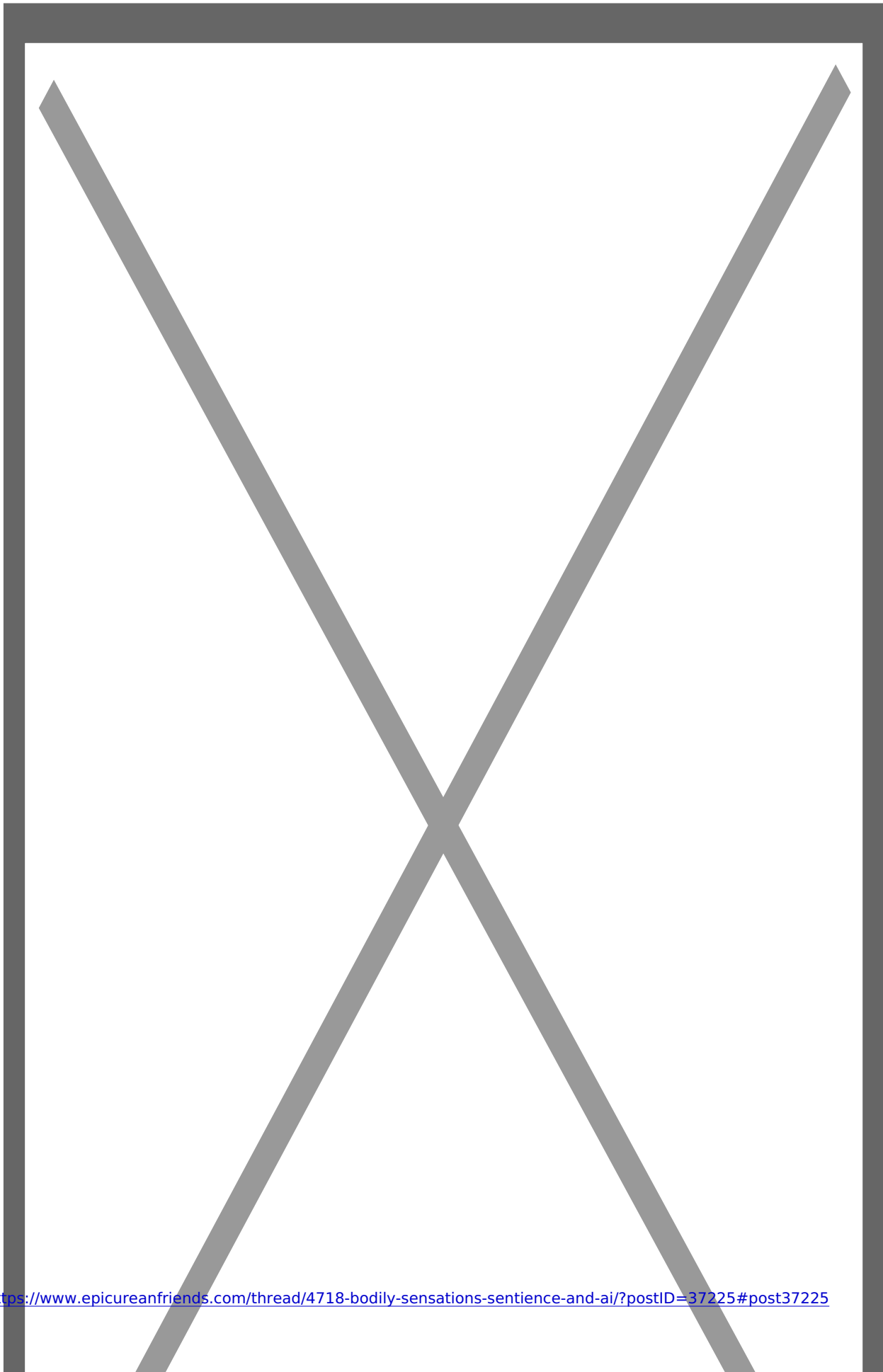
[Quote from kochiekoch](#)

This is intriguing. The article states that consciousness arises from bodily sensations, not just from the brain. It's a very Epicurean idea, such that he states [death is nothing to us](#) as we will be without sensations and consciousness is extinguished.

[kochiekoch](#)

Here's a direct link to the article.

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[Consciousness Starts in the Body, Not the Brain: New Neuroscience Study Changes Everything We Knew](#)

Scientists may have just turned our understanding of consciousness on its head. A major new study suggests your thoughts and feelings might not come from where...

dailygalaxy.com

That is a very interesting article and research study into how our consciousness arises from **interoception** - our body's internal sensing system. I find that much of the research outcomes support several Epicurean principles. The research suggests that our lived experience emerges from the body's signals rather than being purely brain-generated. This appears to describe some aspects of Epicurean prolepsis (precognition).

Also, I find parallels in how this understanding of consciousness aligns with Christos #Yapijakis's interpretation of Epicurean biological determinism. For example, Yapijakis explains that Epicurus viewed consciousness and mental states as emerging from purely physical processes. In his 2018 paper "[Ethical Teachings of Epicurus Based on Human Nature](#)," he details how Epicureans understood that:

- Our sense perceptions are based on an atomic nature
- Mental processes arise from specific atomic arrangements in the body
- Consciousness emerges from interactions between physical components
- Psychological states have biological foundations
- Human behavior follows natural, deterministic patterns

I think this article may be another example of modern science providing the evidence for what Epicurus studied and rationally expected. Does this help to expand on your original post?

I have no comments on the AI aspects mentioned in the article.