

# Welcome O2x Ohio!

Post by "O2x Ohio" of August 28, 2025 at 3:00 AM

## [Quote from Cassius](#)

From O2x Ohio:

Hello,

I am emailing to request activation of my account at Epicurean Friends - O2x Ohio. Specifically, I want to be able to post a thread asking for help on Epicurean teachings on light and matter. Thank you very much.

Sincerely,

Yes, thank you very much. This is why I've joined. I have lived most of my life more interested in the present and more recent history and over the past year I've branched off into new areas of learning.

One thing that I am very interested in is learning about light. As I understand it, it is electromagnetic radiation. During my studies on light I have had the Epicureans brought up multiple times though quite frustratingly they always get brought up in a very fleeting manner. It's as though what I am reading and watching brings up Epicureanism and its understanding of light as a given - as some sort of a foundational knowledge - though I have yet to find anything that fills in this mysterious connection for me.

Also, if there are any good introduction books to Epicureanism that I can read I would appreciate knowing what they are so as to begin my own research.

EDIT: I've found the reading list and will start with DeWitt!