

What is Virtue and what aspects of Virtue does an Epicurean cultivate?

Post by "DaveT" of August 26, 2025 at 11:52 AM

[Quote from Matteng](#)

The path to pleasure/eudaimonia always leads via virtue. I see the biggest difference (virtue or pleasure as the core of eudaimonia/life goal) in that eudaimonia, the good self or inner spirit, is defined by the Stoics as "doing good" while Epicureans define it as "experiencing good."

I am enjoying this discussion. I recently read that a distinction between the Stoics and the Epicureans was that the Stoics focused on a public, civic-minded orientation, and thus a belief in virtue as a goal to that end. And that the Epicureans' belief in more private life promoted pleasure etc. and friendship for personal happiness. I know this may sound simplistic, but that comparison helps me understand why the two philosophies were so different in the view and uses of virtue.