

Welcome Ernesto-Sun!

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Hello my new digital friends!

Epicurus not only explains friendship like nobody else (we know of), he also is a (the) good reason to be friends. (at least good neighbors)

Well - that's a fuzzy start - and a personal one. I am definitely far from the scientific level you present in writing and in your podcast. I am not so much about science than about living the Epicurean life.

I am an early-retired Austrian eco-activist. Some years already having hands off politics, living in my big wild garden. Having friends - lots of philosophizing. Here - in my garden - when I am alone (all-one) I like to listen to philosophic podcasts. So, I came across Epicurus. With 46 years of age, just last year, all my life talking about just *that*. Well, Parmenides with his 'absolute truth' and Diogenes with his 'cool anarchy' were my idols (and always will be). But Epicurus is so much more advanced still - so modern. I am maybe in love right now (limerence), but I do say this: Epicurus is my master. I am a complete disciple. I want to dedicate the rest of my life to his philosophy.

Thanks to <https://historyofphilosophy.net> where I first realized how big Epicurus is.

Well - however - I might not participate so much here. I am honored to be registered, but I spent most of my time at 'Analoge KEPOS' and less at 'Digital KEPOS'. Maybe because I am a professional web dev and doing PC work too much anyway. I am sooo thankful for this initiative of yours here and also at <https://newepicurean.com> That way I am a little relieved.

I do want to help the German Wikipedia to know more about 'Epikur', 'EPIKOUROS'. I also want to make a brief intro into Epicurus' philosophy in 'modern language', in German, English and Spanish at my domain: <http://epikouros.info>

My model for that little intro-website is this page well known among web-devs: . <https://css-tricks.com/snippets/css/a-guide-to-flexbox/>

I did study 'Knowledge Management' and 'Software Development' and do know how to write scientific texts and all that academia style - however - I am more about a wild Epicurean myself - more at the provocative side maybe. I still struggle to keep my word away from politics. I am a left anarchist of course.

I appreciate your work here at <https://www.epicureanfriends.com> a huge lot - I will consume all the podcasts you did so nicely. I will read into all edges of this 'Digital KEPOS', ... But - I will contribute little I guess. However - always welcome to ask anything of me. I do think natural

intelligence is directly related to the ability of growing healthy friendships. Thus, wanting to be seen as intelligent, I also want to be helpful.

I love the science of language - linguistics and especially the field of semantics. I always start with German - because that's native to Austrians. So - I did some super-compression of Epicurus' messages. Not ready yet - I want to present it to you. Find it below in English and German.

Thank you all so much for your work and play!!!

All (=) Love, Ernesto ~:)

- 1) Nature infinite and eternal.
- 2) Abundance all around.
- 3) Pleasure in calmness.
- 4) Joy and then death.
- 5) Moderate living.
- 6) All is in flux.
- 7) Friendship.
- 8) Philosophy.
- 9) Live now!
- 10) Celebrate Epicurus!
- 11) Celebrate Epicurus!

- 1) Do not fear God! Why worry about God when he doesn't worry about us?
- 2) Fear no lack! Good things are easy to get.
- 3) Avoid pain, but don't fear it! The bad is easy to bear.
- 4) Don't fear death! Where death is, we are not. Where we are, death is not.
- 5) Moderate yourself! Where enough is not enough, no amount is sufficient.
- 6) Don't hold back! Follow your desires that do not harm you or others.
- 7) Support others! Being a good friend is just as important as having good friends.
- 8) Philosophize! It's never too early or too late to know how to live a good life.
- 9) Live now! Enjoy your day as if it were the last one of your short life.
- 10) Celebrate Epicurus! He is the philosopher who showed us the middle way.

11) Celebrate Epicurus! Epicurus birthday is celebrated between 7. and 11. of Jan.

- 1) Natur unendlich und ewig.
- 2) Überfluss überall.
- 3) Glück in der Ruhe.
- 4) Freude und dann Tod.
- 5) Gemäßigtes Leben.
- 6) Alles im Fluss.
- 7) Freundschaft.
- 8) Philosophie.
- 9) Jetzt leben!
- 10) Epikur feiern!
- 11) Epikur feiern!

- 1) Fürchte nicht Gott! Wozu sich um Gott kümmern, wo er sich ja um uns nicht kümmert?!
- 2) Fürchte keinen Mangel! Das Gute ist leicht zu bekommen.
- 3) Vermeide Schmerz, doch fürchte ihn nicht! Das Schlechte ist leicht zu ertragen.
- 4) Fürchte den Tod nicht! Wo der Tod, da sind wir nicht. Wo wir sind, da nicht der Tod.
- 5) Mäßige dich! Wo genug nicht genug, da reicht keine Menge.
- 6) Halte nichts zurück! Folge deinen Wünschen die weder dir noch anderen schaden.
- 7) Hilf anderen! Ein guter Freund zu sein ist genauso wichtig wie gute Freunde zu haben.
- 8) Philosophiere! Es ist nie zu früh oder zu spät, um zu lernen, wie man gut lebt.
- 9) Lebe jetzt! Genieße deinen Tag, als wäre es der letzte deines kurzen Lebens.
- 10) Feiere Epikur! Er ist der Philosoph, der uns den Weg der Mitte gezeigt hat.
- 11) Feiere Epikur! Epikurs Geburtstag wird zwischen dem 7. und 11. Januar gefeiert.