

Episode 295 - Plutarch's Absurd Interpretation of Epicurean Absence of Pain

Post by "Bryan" of August 16, 2025 at 3:02 PM

I think it is all in the "toil" over a joy that is only "now and again."

If I enjoy playing an instrument, and it is "low toil" and "frequent joy," then I am not his target.

I enjoy playing my banjo (*looking into getting a bouzouki*) -- but really only at the very end of the day when I have given my greater mental energy to greater things. I do not learn songs, only improvise, every second that I play *is* the song.