

Beyond Stoicism (2025)

Post by “Rolf” of August 12, 2025 at 12:38 PM

Well said. Even if this particular book is fairly inconsequential, as Dave mentioned, it’s a shame because it represents the vast majority of discourse around Epicurus.

[Quote from Cassius](#)

the most important thing in life is to be calm and tranquil and avoid conflict and disagreement at any cost

Hmm, I definitely have a little category 1 in me. ☐☐ But I will fight valiantly for pleasure and to defend my tranquil life against BS (religious or otherwise). I see what you’re saying though. Epicureanism is far less compatible with Buddhism and Stoicism than many people seem to think.

[Quote from Cassius](#)

DeWitt's book

Just received it today. 😊