

Beyond Stoicism (2025)

Post by “DaveT” of August 12, 2025 at 11:43 AM

I follow the issue discussed here, but my perspective is a bit different. First, not too many people are going to read this book. On Amazon, it has 27 reader reviews, and it's been out since last January. Second, it is a self-help book as much as any other content, to help people deal with the 21st century. Third, his market is an overwhelmingly Christianized western world, which is dominated by the belief in an Abrahamic divinity's providential influence as trials and tribulations upon mankind. (Whew!)

To me, the earlier Austin reference by [Don](#). It cuts to the perhaps largest issue when comparing the similarities and distinctions in the Stoic vs Epicurean debate. And this debate is essentially the same one that mental health counselors, psychiatrists and many other professions that focus on helping people cope with the struggle to live better in our modern western world (without regard to religion). I don't see how one wins or loses in this philosophical battle over a book that only partially addresses Epicurus' truths. I think perhaps any discussion of Epicurus is a good one. Kind of like the cynical quip, “I don't care too much what you write about me, just spell my name correctly in the newspaper.”