

Beyond Stoicism (2025)

Post by “Cassius” of August 12, 2025 at 7:51 AM

course of his reflections, Epicurus came to believe that to seek pleasure and to flee from pain is at the heart of human nature.

Interesting choice of words that I find very telling, whether chosen consciously or subconsciously.

Don't approach pain in life as something to be overcome through reasoned effort, through realization that pleasure is the guide and goal of life, and even through the judicious *use* of pain for the production of greater pleasure.

No, don't approach pain with vigor and determination to keep pain in its place.

Just FLEE from pain with as much speed and abandon as you can!

That's the message of Epicurus as the Stoics and other enemies of Epicurus want you to see it.