

Episode 293 - TD23 - Cicero Accuses Epicurus Of Evasion In Calling "Absence of Pain" A "Pleasure"

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Welcome to Episode 293 of Lucretius Today. This is a podcast dedicated to the poet Lucretius, who wrote "On The Nature of Things," the most complete presentation of Epicurean philosophy left to us from the ancient world.

Each week we walk you through the Epicurean texts, and we discuss how Epicurean philosophy can apply to you today. If you find the Epicurean worldview attractive, we invite you to join us in the study of Epicurus at EpicureanFriends.com, where we discuss this and all of our podcast episodes.

This week we continue our series covering Cicero's "Tusculan Disputations" from an Epicurean viewpoint.

Today we continue in Part 3, which addresses anger, pity, envy, and other strong emotions. Today we'll continue into [Section XVI](#), where we compare Epicurus' views on dealing with grief to those of other schools.

For reference, here are the sections where Cicero really attacks Epicurus and we're attempting to marshal the best responses. We have much more to pull out of seventeen before we turn to eighteen:

III-XVII.¶

Should Pythagoras, Socrates, or Plato, say to me, Why are you dejected, or sad? Why do you faint, and yield to fortune, which, perhaps, may have power to harass and disturb you, but should not quite unman you? There is great power in the virtues; rouse them if they chance to droop. Take fortitude for your guide, which will give you such spirits, that you will despise everything that can befall man, and look on it as a trifle. Add to this temperance, which is moderation, and which was just now called frugality, which will not suffer you to do anything base or bad—for what is worse or baser than an effeminate man? Not even justice will suffer you to act in this manner, though she seems to have the least weight in this affair; but still, notwithstanding, even she will inform you that you are doubly unjust when you both require what does not belong to you, inasmuch as though you who have been born mortal, demand to be placed in the condition of the immortals, and at the same time you take it much to heart that you are to restore what was lent you. What answer will you make to prudence, who informs you that she is a virtue sufficient of herself both to teach you a good life, and also to secure you

a happy one? And, indeed, if she were fettered by external circumstances, and dependent on others, and if she did not originate in herself and return to herself, and also embrace everything in herself, so as to seek no adventitious aid from any quarter, I cannot imagine why she should appear deserving of such lofty panegyrics, or of being sought after with such excessive eagerness. Now, Epicurus, if you call me back to such goods as these, I will obey you, and follow you, and use you as my guide, and even forget, as you order me, all my misfortunes; and I will do this the more readily from a persuasion that they are not to be ranked amongst evils at all. But you are for bringing my thoughts over to pleasure. What pleasures? pleasures of the body, I imagine, or such as are recollected or imagined on account of the body. Is this all? Do I explain your opinion rightly? for your disciples are used to deny that we understand at all what Epicurus means. This is what he says, and what that subtle fellow, old Zeno, who is one of the sharpest of them, used, when I was attending lectures at Athens, to enforce and talk so loudly of; saying that he alone was happy who could enjoy present pleasure, and who was at the same time persuaded that he should enjoy it without pain, either during the whole or the greatest part of his life; or if, should any pain interfere, if it was very sharp, then it must be short; should it be of longer continuance, it would have more of what was sweet than bitter in it; that whosoever reflected on these things would be happy, especially if satisfied with the good things which he had already enjoyed, and if he were without fear of death, or of the Gods.

III-XVIII.¶

You have here a representation of a happy life according to Epicurus, in the words of Zeno, so that there is no room for contradiction in any point. What then? Can the proposing and thinking of such a life make Thyestes grief the less, or Æetes's, of whom I spoke above, or Telamon's, who was driven from his country to penury and banishment? in wonder at whom men exclaimed thus:—

Is this the man surpassing glory raised?

Is this that Telamon so highly praised

By wondering Greece, at whose sight, like the sun,

All others with diminish'd lustre shone?

Now, should any one, as the same author says, find his spirits sink with the loss of his fortune, he must apply to those grave philosophers of antiquity for relief, and not to these voluptuaries: for what great abundance of good do they promise? Suppose that we allow that to be without pain is the chief good? yet that is not called pleasure. But it is not necessary at present to go through the whole: the question is, to what point are we to advance in order to abate our grief? Grant that to be in pain is the greatest evil; whosoever, then, has proceeded so far as not to be in pain, is he, therefore, in immediate possession of the greatest good? Why, Epicurus, do we use any evasions, and not allow in our own words the same feeling to be pleasure, which you are used to boast of with such assurance? Are these your words or not? This is what you say in

that book which contains all the doctrine of your school; for I will perform, on this occasion, the office of a translator, lest any one should imagine that I am inventing anything. Thus you speak: "Nor can I form any notion of the chief good, abstracted from those pleasures which are perceived by taste, or from what depends on hearing music, or abstracted from ideas raised by external objects visible to the eye, or by agreeable motions, or from those other pleasures which are perceived by the whole man by means of any of his senses; nor can it possibly be said that the pleasures of the mind are excited only by what is good; for I have perceived men's minds to be pleased with the hopes of enjoying those things which I mentioned above, and with the idea that it should enjoy them without any interruption from pain." And these are his exact words, so that any one may understand what were the pleasures with which Epicurus was acquainted. Then he speaks thus, a little lower down: "I have often inquired of those who have been called wise men, what would be the remaining good if they should exclude from consideration all these pleasures, unless they meant to give us nothing but words? I could never learn anything from them; and unless they choose that all virtue and wisdom should vanish and come to nothing, they must say with me, that the only road to happiness lies through those pleasures which I mentioned above." What follows is much the same, and his whole book on the chief good everywhere abounds with the same opinions. Will you, then, invite Telamon to this kind of life to ease his grief? and should you observe any one of your friends under affliction, would you rather prescribe him a sturgeon than a treatise of Socrates? or advise him to listen to the music of a water-organ rather than to Plato? or lay before him the beauty and variety of some garden, put a nosegay to his nose, burn perfumes before him, and bid him crown himself with a garland of roses and woodbines? Should you add one thing more, you would certainly wipe out all his grief.

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