

Episode 292 - TD22 - Is Virtue Or Pleasure The Key To Overcoming Grief?

Post by "Bryan" of July 30, 2025 at 6:12 PM

To further support Joshua's argument that starts at 16:00, I wanted to share these two quotes:

Plutarch, Non Posse, 28, p. 1105D: "If then '*The memory of a friend that has died is pleasant from every standpoint*' as Epicurus said, indeed already it is possible to understand how much they deprive themselves of joy: believing they [*passively*] receive and [*actively*] pursue appearances and films of dead companions - in which neither mind exists, nor sensation - while they are not expecting to be truly united again with them (and to see their beloved father, and beloved mother, and even their helpful wife)."

Seneca, Letters to Lucilius, 63.7 (apparently quoting Epicurus): "*For me, the thought of departed friends is sweet and pleasant: for I had them as though I would lose them - and I have lost them as though I still have them.*"

Brilliant juxtaposition about prudence at 37:00! That needed to happen and you did a great job!