

Lucretius Today Podast #291 Is Now Available - Epicurus Pushes Back Against "Expect The Worst And You'll Never Be Disappointed."

Post by "Cassius" of July 25, 2025 at 12:15 PM

This week's podcast is a little shorter than normal but contains discussion of an Epicurean viewpoint I bet few have heard of. Cicero tells us that Epicurus pushed back at the attitude of the Cyreniacs - later picked up by the Stoics - that we should constantly think about bad things happening to us. This is interesting material that sheds new light on several other references in the Epicurean texts.

Thread

[Episode 291 - TD21 - Epicurus Pushes Back Against "Expect The Worst And You'll Never Be Disappointed"](#)

Welcome to Episode 291 of Lucretius Today. This is a podcast dedicated to the poet Lucretius, who wrote "On The Nature of Things," the most complete presentation of Epicurean philosophy left to us from the ancient world.

Each week we walk you through the Epicurean texts, and we discuss how Epicurean philosophy can apply to you today. If you find the Epicurean worldview attractive, we invite you to join us in the study of Epicurus at EpicureanFriends.com, where we discuss this and all of our...



Cassius

July 16, 2025 at 3:31 PM