

# The "meaning crisis" trend. How do you answer it as an Epicurean philosopher?

Post by "Sam\_Qwerty" of July 23, 2025 at 6:47 PM

[Quote from DistantLaughter](#)

"Epicurus denies the need for life to have a telos beyond itself; the good life consists in the experience of pleasure and the elimination of distress, not in securing a transcendent justification. The desire for Ultimate Meaning is, on Epicurean terms, an empty and unnatural craving, akin to the longing for immortality or divine purpose."

I like this idea. The way I see it is if you have ever looked at a stream of water moving across rocks, sometimes the water forms temporary eddies. They exist for a while, then they dissipate back into the rest of the water. These eddies are born and they die, but as long as the conditions are right for them to form, there will always be eddies in that part of the stream. Just not the same particular eddies.