

# Episode 290 - TD20 - TipToeing Around All Disturbance Is Not Living

Post by "Adrastus" of July 17, 2025 at 11:18 AM

I sometimes like to use some strange phrasings for fun, and to a lesser extent, to demonstrate in some way I didn't use any A.I. to write. 😊

Yes, I see Epicurus' last day as a preparation for death. An acceptance but relishing in the memories of close friendships, relaying his affection for those present and thinking fondly of the future lives of some of the children of the garden he would be securing with his will. I too could see Vatican saying 47 (I love that one) being an insight into the ancient Epicureans' attitude towards dying.

Another quote that captivated me in my early reading of Epicurus and still does; is in the letter to Menoceus:

"The art of living well, and dying well are one."