

# Lucretius Today Podcast Episode 290 Is Now Posted - "Tiptoeing Around All Disturbance Is Not Living"

Post by "Cassius" of July 16, 2025 at 3:28 PM

Episode title derives from a comment made by Joshua during the podcast.

Post

[Episode 290 - TD20 - TipToeing Around All Disturbance Is Not Living](#)

Welcome to Episode 290 of Lucretius Today. This is a podcast dedicated to the poet Lucretius, who wrote "On The Nature of Things," the most complete presentation of Epicurean philosophy left to us from the ancient world.

**Each week we walk you through the Epicurean texts, and we discuss how Epicurean philosophy can apply to you today. If you find the Epicurean worldview attractive, we invite you to join us in the study of Epicurus at EpicureanFriends.com, where we discuss this and all of our...**



Cassius

July 11, 2025 at 7:55 PM