

Preuss - "Epicurean Ethics - Katastematic Hedonism"

Post by "Bryan" of July 13, 2025 at 10:46 AM

[Quote from DistantLaughter](#)

Furthermore, the katastematic/kinetic distinction itself is a later philosophical construct imposed retrospectively on Epicurus's thought,

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a katastematic condition, even if he doesn't use that term himself.

I am not sure it is possible to say that Epicurus did not use the term, or that it is a later construct, given Diogenes Laertius' direct quote without the use of any indirect speech or an attribution to a secondary source.

10.136: "Epicurus in his book *On Choice* speaks in this way 'Tranquility and Painlessness exist as established (katastēmatikái) pleasures, but Cheer and Merriment are seen from movement through activity.'"