

# Episode 290 - TD20 - TipToeing Around All Disturbance Is Not Living

**Post by “Joshua” of July 12, 2025 at 1:32 AM**

Cicero develops an argument around this claim in Book 2 of *On Ends*, we'll need to find that section. The basic argument he makes is something like this;

- Epicurus holds that pain/fear/mental disturbance is an evil.
- It is not possible to be confident that one will avoid this evil in perpetuity.
- If the Epicurean cannot be confident of this, he cannot guarantee his continuing happiness, and as a result present happiness will be impossible.
- The Epicurean can never be happy.