

Johari windows useful in Epicurean philosophy? (thread started by Adrastus)

Post by “Eikadistes” of July 6, 2025 at 11:06 AM

[Quote from Adrastus](#)

I've been toying with the use of some personal interpretations of the [Johari Window](#)

That's interesting; I've never come across that idea *named* before.

Back in theatre school, they used to tell us (as regards auditions), "**You're basically three people...**"; I've heard this from so many, random acting coaches and casting agents: "**Who people see you as, who you *think* you are, and who you *really* are**". I wonder if they got it from Luft and Ingham?