

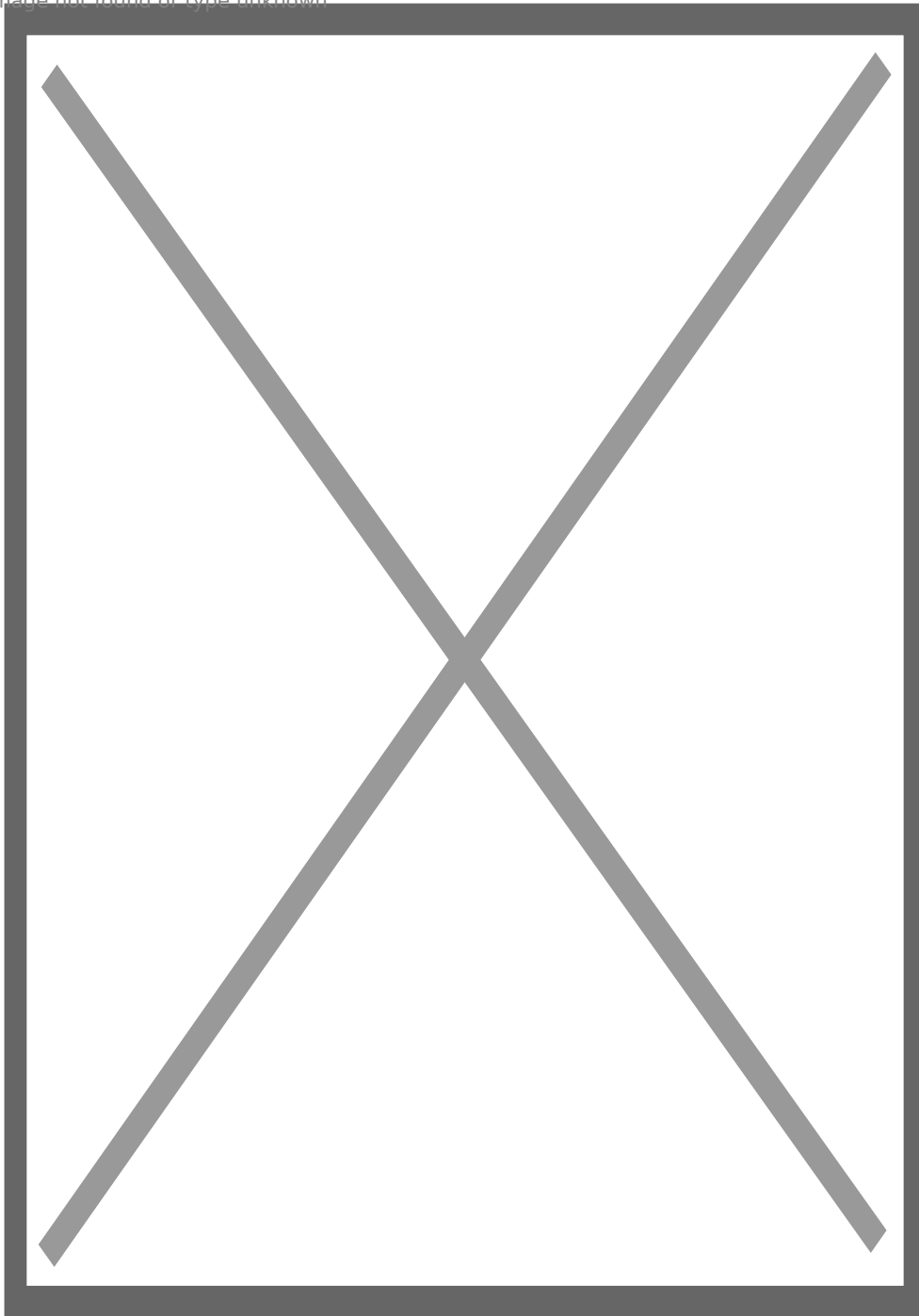
What place does "simple" have in Epicureanism?

Post by "Don" of July 6, 2025 at 8:01 AM

I would say Epicurus' and the school's general advocacy of cultivating gratitude comes close to a modern idea of positivity.

However, don't be lured into the trap of toxic positivity either:

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[Toxic positivity - Wikipedia](https://en.wikipedia.org/wiki/Toxic_positivity)
en.wikipedia.org

<https://www.epicureanfriends.com/thread/4259-what-place-does-simple-have-in-epicureanism/?postID=36185#post36185>