

Episode 289 - TD19 - "Epicureans Are Not Spocks!"

Post by "Cassius" of July 6, 2025 at 7:14 AM

In this episode and probably the next, it will be good to remember these two Vatican Sayings, as they are directly relevant to Cicero's discussion of preparing for hardship and dealing with it.

VS47. I have anticipated thee, Fortune, and entrenched myself against all thy secret attacks. And I will not give myself up as captive to thee or to any other circumstance; but when it is time for me to go, spitting contempt on life and on those who vainly cling to it, I will leave life crying aloud a glorious triumph-song that I have lived well.

VS55. We must heal our misfortunes by the grateful recollection of what has been, and by the recognition that it is impossible to undo that which has been done