

# **Epicurus' Prolepsis vs Heraclitus' Flux**

**Post by “Bryan” of July 3, 2025 at 11:01 AM**

Plátō mocked the Heracliteans and their theory of flux by calling them "the fluxing ones" (Theaetetus 180c).

The mocking epithet Epíkouros used for Hērákleitōs was "Kykētēs" which means "the Agitator."

Epíkouros' term alludes to Hērákleitōs' own metaphor of the kykeōn (a mixed barley drink) which must be stirred to stay combined (DK B125)