

# Sunday Zoom - June 29, 2025 - 12:30 PM ET - Topic: Nothing Can Be Created From Nothing

Post by "Cassius" of June 27, 2025 at 3:35 PM

Our recent discussions on Prolepsis, combined with the observation that our participants on Sundays in recent weeks have been some of our newest visitors, tells me that it would be a good idea for us to cycle through the most basic principles of Epicurean philosophy and emphasize how they are still relevant to modern life.

In recent months we've completed podcast episodes on each topic, so in addition to the written summaries we have [here](#), we have close to an hour of pre-recorded discussion to which we can refer on each one.

Let's start at the top with "[Nothing Can Be Created From Nothing](#)." Like prolepsis, this is an aspect of basic theory that some may think is unrelated to modern life, but we'll discuss how Epicurus' chain of reasoning on this point remains key to the foundations of the entire doctrine, including the ethical conclusions.

We've mentioned that in many episodes of Lucretius Today, of course, but we devoted a full episode to it here:

Thread

## [Episode 259 - Nothing Comes From Nothing](#)

Welcome to Episode 259 of Lucretius Today. This is a podcast dedicated to the poet Lucretius, who wrote "On The Nature of Things," the most complete presentation of Epicurean philosophy left to us from the ancient world.

**Each week we walk you through the Epicurean texts, and we discuss how Epicurean philosophy can apply to you today. If you find the Epicurean worldview attractive, we invite you to join us in the study of Epicurus at [EpicureanFriends.com](#), where we discuss this and all of our...**



Cassius

November 18, 2024 at 2:09 PM

The links above also lead to this slideshow, and since that go through each of them again, in live discussion, on Sunday:

<https://www.youtube.com/watch?v=jFcvm206Xe8&t=383s>

<https://www.epicureanfriends.com/thread/4526-sunday-zoom-june-29-2025-12-30-pm-et-topic-nothing-can-be-created-from-nothing/?postID=35962#post35962>