

# **Does The Wise Man Groan and Cry Out When On The Rack / Under Torture / In Extreme Pain?**

**Post by “Bryan” of June 20, 2025 at 12:28 PM**

*I am not sure if we have shared this quote as well, but wanted to throw it in to make sure. Aristotle, Nicomachean Ethics, 7.13.2-4 (Rackham trans):*

"This is why everybody thinks that the happy life must be a pleasant life, and regards pleasure as a necessary ingredient of happiness; and with good reason, since no impeded activity is perfect, whereas Happiness is essentially perfect; so that the happy man requires in addition the goods of the body, external goods and the gifts of fortune, in order that his activity may not be impeded through lack of them. Consequently those who say that, if a man be good, he will be happy even when on the rack, or when fallen into the direst misfortune, are intentionally or unintentionally talking nonsense. But because Happiness requires the gifts of fortune in addition, some people think that it is the same thing as good fortune; but this is not so, since even good fortune itself when excessive is an impediment to activity, and perhaps indeed no longer deserves to be called good fortune, since good fortune can only be defined in relation to Happiness."