

# **Does The Wise Man Groan and Cry Out When On The Rack / Under Torture / In Extreme Pain?**

**Post by “Cassius” of June 17, 2025 at 10:26 AM**

Thanks Don, that's the kind of analysis we need. At this point I'm still not 100% convinced either way, though. Certainly the wise man is more affected by his emotions than others are, but i'm not sure it follows automatically that the wise man will cry out in pain, or for how long.

Not that i am a wise man, but I know I say "ouch" when I get hit with a paper cut or something unexpected.

Maybe the issue is the subtlety of "lament" or "groan" in the sense of long extended "woe is me" wailing, which is what Cicero seems to be focusing his criticism on in Tusculan Disputations in a discussion that seems to involve funeral rites. While it's natural to "cry out" when we get a sharp pain without prior warning, it's probably not a good idea to "wail" or "lament" continuously when your gout flairs up for hours or days or weeks at a time, or when you are mourning the loss of a loved one.

At the moment that direction is probably the way I would slice the issue. Exclamations for brief and unexpected pain, but after a time you get control of yourself and focus the mind on overcoming the pain.