

Episode 284 - TD14 - In Dealing With Pain, Does Practice Make Perfect? Or Does Practice Make For A Happy Life?

Post by "Cassius" of June 10, 2025 at 7:24 PM

As to the value of practice and the perils of insufficient practice, I just posted a thread here:

Thread

[Adage: In A Crisis, We Don't Rise To The Occasion As Much As We Fall To Our Level of Practice](#)

In [Lucretius Today Podcast Episode 284](#) we discussed the issue of "practice" in dealing with pain and other challenges, and I found the adage which is the subject of this thread and wanted to pass it on, with its source, as part of that discussion.

The backstory is that as a result of a series of recent accidents I became aware of a genre of Youtube videos by people in the airline industry who make videos on the causes of airplane crashes. It's interesting on a variety of levels, especially as to...



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