

# Epicurus' Hierarchy of Needs

Post by "Kalosyni" of June 3, 2025 at 8:56 AM

[Quote from Kalosyni](#)

I like this idea of only: "natural, necessary, and empty".

Actually it should just be:

--- natural and necessary = Is it natural? Does it come to us from nature? (We will need to be clear about what exactly are all the desires that nature gives to us). And... Do we need it to survive? Do we need it for our well-being (and to feel blessed/happy).

**-vs-**

--- empty = Is it actually unnecessary for both survival and well-being? Is it an opinion not from nature but generated by greed for massive riches, non-stop variations of sensation, massive power/control/status (all of which are empty opinions).