

Welcome DerekC!

Post by “DerekC” of June 1, 2025 at 1:34 PM

Hello Cassius et al:

I am grateful to have found this group and am excited to learn more about the community and continue my journey one step at a time. I'd like to attend the Monday zoom! Where can I find the link?

I've been interested in philosophy since my college days about 20 years ago. I've always enjoyed reading and learning about Epicureanism, Stoicism, Skepticism, etc...but it's been primarily a solitary pursuit. I've never really been part of an active group like this that communicates and applies these ideas and principles to daily life. I've struggled at times with depression and maintaining some semblance of serenity (haven't we all:) Epicurean perspectives have afforded me a paradigm shift and approach to how I understand and appreciate my place and purpose in this world. I think Epicurean ethics make a lot of sense in how it observes the human condition. It doesn't impose...it helps me to keep life simple, focus on going from A to B and detach myself from vain pursuits. I am grateful to be here and look forward to making some new friends! I live in Charlotte NC. Take care and I hope everyone is enjoying a nice relaxing Sunday!