

Sunday May 25th, Zoom Discussion: "What Would Epicurus Say About the Search For 'Meaning' In Life?"

Post by "Kalosyni" of May 26, 2025 at 9:30 AM

[Quote from Kalosyni](#)

As far as I understand, Epicurean philosophy would say that this feeling of having a "spirit/soul" is legitimate, but it is dependent on the body, and so it dies when the body dies. And so we are not eternal, but we exist only for a short time.

Perhaps, if there is any aspect of Epicurean philosophy that could feel "spiritual", it would be this. And then we would value and honor our friends in a kind of awe of life - that this is amazing that we are alive, thinking, feeling, contemplating, reasoning, celebrating -- we would regularly bestow gratitude and words of appreciation.