

# Words of wisdom from Scottish comedian Billy Connolly

Post by "Don" of May 25, 2025 at 9:52 AM

## [Quote from Cassius](#)

that's what forums are for



## [Quote from Cassius](#)

"don't take death seriously," or something more like "take death very seriously and realize when you're gone you're done, but at the same time don't let it get you down."

I'll point out that Connolly says, "I think people take death too seriously." "Too seriously" to me rings of being obsessive about death or, conversely, obsessively doing everything to not think about it or talk about or acknowledge one's own mortality, to live in denial. We have to take death "seriously," but that seriousness need not be obsessive or morbid and shouldn't be fearful. Look death in the eye, say "Not today," and commit to finding the pleasure available in your life.

## [Quote from Cassius](#)

I do think that Epicurus would agree that laughing is one way to make peace with the inevitable. Would he say that it's "the best" way?

There is no best way for everyone, but laughing is definitely one available component for everyone. That's why there's such a thing as dark comedy.