

The Garland of Tranquility and a Reposed Life

Post by “Joshua” of May 17, 2025 at 5:35 PM

More on garlands;

Plutarch, [That Epicurus Actually Makes a Pleasant Pife Impossible](#);

Quote

No sufficient praise therefore or equivalent to their deserts can be given those who, for the restraining of such bestial passions, have set down laws, established policy and government of state, instituted magistrates and ordained good and wholesome laws. But who are they that utterly confound and abolish this? Are they not those who withdraw themselves and their followers from all part in the government? Are they not those who say that the garland (στέφανος [garland, wreath, chaplet, crown]) of tranquillity and a reposed life are far more valuable than all the kingdoms and principalities in the world? Are they not those who declare that reigning and being a king is a mistaking the path and straying from the right way of felicity? And they write in express terms: “We are to treat how a man may best keep and preserve the end of Nature, and how he may from the very beginning avoid entering of his own free will and voluntarily upon offices of magistracy, and government over the people.” And yet again, these other words are theirs: “There is no need at all that a man should tire out his mind and body to preserve the Greeks, and to obtain from them a crown of wisdom; but to eat and drink well, O Timocrates, without prejudicing, but rather pleasing the flesh.”