

# The Garland of Tranquility and a Reposed Life

Post by "Kalosyni" of May 18, 2025 at 9:07 AM

But it still ends up pointing to a wreath:

"In Classical [Sanskrit](#), *avataṃsa*, *vataṃsa* and *uttaṃsa* (from stem *taṃs*, meaning "to decorate") <sup>[2]</sup> all mean [garland](#), wreath, or any circular ornament, such as an earring<sup>[3]</sup>; suffix -ka often functions either as a diminutive or plural. Thus, the title may be rendered in English as *A Garland of Buddhas*, *Buddha Ornaments*, or *Buddha's Fine Garland*." -- [Wikipedia](#)

...and yet we could think of the [Principal Doctrines](#) as a "garland" -- a collection of teachings.