

# Analysing movies through an Epicurean lens

Post by "Rolf" of May 14, 2025 at 10:59 AM

## [Quote from Kalosyni](#)

Yes, and there are certainly movies that do not use gratuitous violence or other unpleasant aspects or characters - for those like myself who tends toward "high emotional absorption" (empathy).

But that's only your preference in extravagant desires, right? I enjoy watching movies about unpleasant characters from time to time, despite not wanting to associate with such things in reality. I can enjoy a movie about a violent mob boss or a war documentary. I don't think it's possible or healthy to make a blanket statement about what media an epicurean should or should not engage with (so long as it does not lead to more pain than pleasure). It reminds me of the Christians who refuse to let their kids read Harry Potter because magic is satanic.