

# Why pursue unnecessary desires?

**Post by “Kalosyni” of May 5, 2025 at 8:45 AM**

I don't think I'll be able to feel settled about this until I feel that "natural and unnecessary" has been adequately defined.

We know that Epicurus was 1) influenced by, 2) transformed and adapted, and 3) argued against, some aspects of the philosophical ideas that were popular during his time in ancient Greece.

Does anyone know which section of Aristotle's Nicomachean Ethics talks about "unnecessary desires" ? [Bryan Don Joshua](#)

According to an internet search:

"Aristotle also identified unnecessary desires, which he viewed as those that go beyond the essential and contribute to excessive consumption, luxury, and unhappiness. These desires are often associated with material possessions and status, rather than genuine human needs."