

# Why pursue unnecessary desires?

**Post by "Cassius" of May 2, 2025 at 5:50 PM**

I would say that both Titus and Godfrey are working well within the "practical" paradigm that makes sense.

The danger is (and this is the way that I read Rolf's question) is that it is easy to take the discussion and arrive at Rolf's question: "Why should I seek more than bread and water and a cave?"

That's where a strict and over-literal interpretation of the texts could lead someone to answer "You wouldn't."

And the starting point of discussing the philosophy is getting past those foundational issues. Neither Godfrey nor Titus have for a moment (as far as I know) entertained the idea of living in cave. Both are highly accomplished people who would not trade their past lives for life in a cave.

But for those who ask the logical philosophical question (and I think everyone should, as would any child being taught Epicurean philosophy) there needs to be a logical answer, and that answer most generally is "You would pursue more than the life in the cave because X, Y, and Z., as exemplified by Epicurus himself, who certainly did not stay in a cave all his life."