

Why pursue unnecessary desires?

Post by “Rolf” of May 2, 2025 at 3:48 PM

Thanks Cassius. Your replies are helpful but I feel we’re still not hitting the core of my misunderstanding here. Let me put it this way:

Let’s say I have adequate food, drink, shelter, and friends. I am able to consistently meet my necessary desires. But I am a person, as you described, who is *not* satisfied (ie. At 100% pleasure) with only these basic needs met. So I must unnecessary desires in order to hit that 100% pleasure mark: Watching a movie, going dancing, eating a donut. Does that not make these desires “necessary” in the sense that they’re necessary for my happiness (ie. 100% pleasure)?

I fear I’m getting tangled up in thought here and missing something obvious. 😊